

Mission Statement

Our mission at Healing the Hero is to bring hope and healing to military personnel, veterans, first responders and Gold Star Families battling PTSD, anxiety, and depression. We are grounded in our Christian faith, and we provide holistic care and support that heal the mind, nurture the body, and lift the spirit with the Jesus Protocol or the Peer Rescue Protocol.

Vision Statement

Our vision is to create a better world where our heroes and their families find restoration and healing from PTSD, anxiety, depression and more. We strive to cultivate resilience, hope, and renewed purpose in the lives of those who serve our communities and country. We envision a future where every hero experiences the transformative power of God's love and peace, leading to vibrant, fulfilling lives.

Peer Rescue Protocol & The Jesus Rescue Protocol

The Peer Rescue Protocol and the Jesus Rescue Protocol are nonclinical interventions. The Peer Rescue Protocol is a secular approach at using dissociation to heal the root injury of Post Traumatic Stress (PTS) and other unhealthy negative emotional triggers like rage, anger, anxiety or survivor guilt. The Jesus Rescue Protocol is a Christian faith-based model using the same dissociation and faith based re-framing to appropriately release the unhealthy emotional triggers. Both techniques are nearly identical with acception to using Jesus in place of yourself for the exersize. Both methods are profoundly simple in their application, learning and receiving. We find this technique extremely beneficial even for the most analytical thinkers.

Non-Believers deserve healing as well, this is why our coaches are proficient in both techniques.

We got your 6!

The Peer Rescue Protocol (PRP), Trauma Resiliency Protocol (TRP), Emotions Management Process (EMP) and the Jesus Protocol (JP) are all patent pending.

Who We Serve:

Law Enforcement - Firefighters - Paramedics
9-11 Dispatchers - Crime Scene Technicians
Corrections - Gold Star Families - Federal Agents
Active Duty Military - Veterans - First Responderer
Chaplains & all immediate family members.

Contact:

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Dan and Abel are available for speaking engagements and events for veterans and first responders.

Treatment:

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501 C3 EIN 99-2484192



**The Founders of
Healing The Hero, Inc.**

Dan Jarvis is the founder of Healing The Hero, Inc., Tactical Resiliency USA and 22ZERO. Dan retired from the US Army as a Combat Infantryman on 9/11/2014 as a Sergeant First Class.

Dan Deployed to Iraq for 15 months from 2006-2007 and Afghanistan for 12 months from 2011-2012. Dan received multiple blast injuries in Afghanistan and was awarded a Purple Heart for Injuries sustained fighting the Taliban. Dan served as a Drill Sergeant for two years between both combat tours. Dan considered suicide after his deployment to Afghanistan in 2013. Dan also served as a Deputy Sheriff in the state of Florida for almost 7 years. Now he is developing processes to heal PTSD, depression, anxiety, survivor guilt, anger, fear, shame, moral injury and more.



Abel Rodriguez retired from the US Army as a Sergeant First Class, from the Special Forces **“Green Beret”**. Abel is the Co-Founder of Healing The Hero, Inc. Abel is a husband and father and has spent significant time in his 20 year career deployed to Afghanistan and other areas around the globe in the support of the Global War on Terror much of which cannot be disclosed.



PTSD/Anxiety & Depression DATA Metrics

91 LEOs - 53 Firefighters 10 - Dispatchers
149 - Veterans 91 - Family members

394 Total Heroes

67 Females - 327 Males - Average age 43.8 years
Average number of sessions = 1.9

PTSD

Pre PCL 5 Score average: 46 on 80 point scale
Post PCL 5 Score average: 6.98 on 80 point scale
PTSD Threshold score is 31-80

Anxiety

Pre GAD 7 Score average: 13.31 on 21 point scale
Post GAD 7 Score average: 2.33 on 21 point scale
Moderate Anxiety Threshold is 10-14
Severe Anxiety Threshold is 15-21

Depression

Pre PHQ 9 Score average: 14.28 on 27 point scale
Post PHQ 9 Score average: 2.37 on 27 point scale
Moderate Depression Threshold is 10-14
Moderate/Severe Depression Threshold is 15-19
Severe Depression Threshold is 20-27



We Heal Heroes Every Day!

Testimonials

I was recently involved in a line of duty shooting, I did one session of the Peer Rescue Protocol and can talk about the event without any emotional breakdowns like before. Which is critical because I am the point person for our agency.
Anonymous Law Enforcement Officer

Hey Dan. I feel great this morning and slept like a champ last night. I brought this up to my wife and she’s down to try it. Erik, Law Enforcement Officer

I’m doing really good, man! I feel like I released a lot of the stuff that has been weighing me down. 2 weeks later-Dan! Things are going really good!! Tony, US Marine/Firefighter

I’m feeling good!, thank you! I slept so well I overslept this morning. Christy

